

# Realizing Essence Through Compassion



David H. Breaux compassionately guides people to their ever-present authenticity. In 2009, he began asking people to share their written concept of the word "compassion" in a notebook, receiving over 11,000 responses. In 2014, he traveled for a year on The Compassion Tour, visiting 13 different communities throughout the US asking people about compassion, helping to start Compassionate City movements, and facilitating compassion discussions. Now, he continues facilitating discussions and answering questions for those seeking alleviation from suffering. Through this sharing of wisdom, many feel inspired to make the necessary changes in their lives. Space is provided for people who yearn to alleviate their suffering, bringing about inner peace, openness, grace, joy, and love. Through presence and compassion gatherings, he invokes a transformation, compelling others to discover the light within themselves.

**Be in the company of peace, love, truth, and compassion.**